Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	233	Laureys	Kenneth	Hulshout	M1	SEN	De Dorpspomp	00:16:00	18.75	03:12
2	237	Van Nijlen	Ilias	Retie	M2	SEN		00:16:57	17.7	03:23
3	275	Naets	Obry	Itegem	M3	SEN	AVZK	00:16:59	17.66	03:23
4	198	Heremans	Mil	Heist o/d Berg	M4	SCH	AVZK	00:17:00	17.65	03:24
5	262	Rijnders	Jeroen	Ramsel	M5	MAS+40	ROBA	00:17:37	17.03	03:31
6	110	Sleeckx	Godwin	Heist o/d Berg	M6	CAD	AVZK	00:17:40	16.98	03:32
7	222	Lunders	Nico	Lier	M7	SEN	AC Lierse	00:17:57	16.71	03:35
8	97	Lieckens	Bart	Westerlo	M8	MAS+40		00:18:03	16.62	03:36
9	58	Wauters	Matthias	Booischot	M9	SEN	DCPP/Berglopers	00:18:10	16.51	03:38
10	160	Van Hese	Charlotte	Heist o/d Berg	V1	SEN	AVLO	00:18:20	16.36	03:40
11	189	Dockx	Nico	Heist o/d Berg	M10	MAS+35		00:18:24	16.3	03:40
12	70	Blomme	Timothy		M11	SEN		00:18:32	16.19	03:42
13	142	Hermans	Niels	Heist o/d Berg	M12	SEN	Halder United	00:18:33	16.17	03:42
14	114	Van Campen	Ruth	Itegem	V2	MAS+35		00:18:40	16.07	03:44
15	170	Saenen	Diëgo	Zichem	M13	SEN		00:18:45	16	03:45
16	126	Van Ouytsel	Jan	Westerlo	M14	SEN		00:18:47	15.97	03:45
17	201	Maes	Peter	Wolfsdonk	M15	MAS+40	irisch pub dubh-linn	00:18:52	15.9	03:46
18	77	Coppenolle	Ruben		M16	CAD		00:18:54	15.87	03:46
19	76	Coppenolle	Lander		M17	MAS+80		00:18:55	15.86	03:47
20	200	's Jongers	Brent	Houtvenne	M18	JUN	Kamsa Aarschot	00:18:58	15.82	03:47
21	206	Dierckx	Geert	Nijlen	M19	MAS+50		00:18:59	15.8	03:47
22	213	Matthys	Tom	Heist o/d Berg	M20	SEN	AVZK	00:19:03	15.75	03:48
23	216	Grietens	Robin	Tremelo	M21	SEN		00:19:07	15.69	03:49
24	52	Van Aelst	Kobe	Heist o/d Berg	M22	JUN	DCPP/Berglopers	00:19:08	15.68	03:49
25	153	Janssens	Tom	Westerlo	M23	MAS+40		00:19:09	15.67	03:49
26	179	Laporte	Sten	Heist o/d Berg	M24	MAS+35	AVZK	00:19:10	15.65	03:50
27	127	Van Ouytsel	Jef	Hulsthout	M25	MAS+35		00:19:14	15.6	03:50
28	163	Van De Sande	Luc	Muizen	M26	MAS+50	Bonheiden	00:19:15	15.58	03:51
29	217	Daniels	Jack	Lier	M27	MAS+45	De doenk boenkers	00:19:20	15.52	03:52
30	168	Stremersch	Danny	Herselt	M28	MAS+55	ACHL	00:19:23	15.48	03:52
31	194	Surinx	Koenraad	Borgloon	M29	MAS+45		00:19:29	15.4	03:53
32	265	Cloos	Tom	Ekeren	M30	MAS+35		00:19:33	15.35	03:54
33	270	Witters	Jesse	Heist o/d Berg	M31	SEN	Berglopers	00:19:49	15.14	03:57
34	215	Verbist	Wouter	Begijnendijk	M32	MAS+45	ROBA	00:19:50	15.13	03:58
35	294	Verdeyen	Bart	Putte	M33	MAS+35		00:19:53	15.09	03:58
36	90	Huybrechts	Els	Hever	V3	SEN		00:19:57	15.04	03:59
37	251	Wouters	Tim	Itegem	M34	MAS+35		00:20:07	14.91	04:01
38	157	Peeters	Karen	Schriek	V4	MAS+50	Bonheiden	00:20:11	14.86	04:02
39	152	Sels	Joris	Bonheiden	M35	MAS+40	BONH	00:20:14	14.83	04:02
40	74	Cloos	Koen		M36	MAS+35		00:20:15	14.81	04:03
41	115	Van Campenhout	Dave	Schriek	M37	MAS+40		00:20:20	14.75	04:04
42	105	Peeters	Xander	Hallaar	M38	SEN		00:20:29	14.65	04:05
43	79	De Cock	Nico	Baal	M39	MAS+45		00:20:32	14.61	04:06
44	36	De Winter	Murielle	Heist o/d Berg	V5	MAS+45	DCPP/Berglopers	00:20:35	14.57	04:07
45	85	Geens	Björn	OLV-Waver	M40	MAS+35		00:20:42	14.49	04:08
47	155	Storms	Alex	Glabbeek	M41	MAS+55	BONH	00:20:48	14.42	04:09
46	64	Verhaert	Tim	Wiekevorst	M42	MAS+40	Team Wikkeveust	00:20:48	14.42	04:09
48	116	Van Campenhout	Luc	Hombeek	M43	MAS+60		00:21:01	14.27	04:12
49	89	Heylighen	Tom		M44	MAS+40		00:21:15	14.12	04:15
50	278	Serneels	Mie	Hulshout	V6	PUP	AC Hulshout	00:21:16	14.11	04:15

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	65	Vermeulen	Peter	Heist o/d Berg	M45	MAS+40	Team Wikkeveust	00:21:18	14.08	04:15
52	254	Marien	Ignaas	Heist o/d Berg	M46	MAS+35	Ploeg G Sport	00:21:18	14.08	04:15
53	212	Boeren	Matt	Putte	M47	JUN	AVZK	00:21:19	14.07	04:15
54	162	Goyvaerts	Ian	Hallaar	M48	SEN		00:21:21	14.05	04:16
55	185	Beynaerts	Kim	Begijnendijk	M49	MAS+35	ROBA	00:21:22	14.04	04:16
56	277	Serneels	Kurt	Westerlo	M50	MAS+40		00:21:24	14.02	04:16
57	111	Stroobants	Lieve	Bonheiden	V7	MAS+55		00:21:27	13.99	04:17
58	220	Ruelens	Peter	Geel	M51	MAS+55	JMT	00:21:30	13.95	04:18
59	164	Lieckens	Noa	Berlaar	M52	CAD	KFCM Hallaar	00:21:31	13.94	04:18
60	264	Vander Sande	Thomas	Houtvenne	M53	SEN		00:21:32	13.93	04:18
61	181	Sprenghers	Wesley	Booischot	M54	SEN		00:21:33	13.92	04:18
62	180	Vermeulen	Lauren	Booischot	V8	SEN	AVZK	00:21:35	13.9	04:19
63	51	Van Aelst	Dirk	Heist o/d Berg	M55	MAS+55	DCPP/Berglopers	00:21:35	13.9	04:19
64	120	Van Dyck	Werner	Beerzel	M56	MAS+50		00:21:36	13.89	04:19
65	231	Vanhout	Seppe	Herselt	M57	CAD		00:21:38	13.87	04:19
66	202	Verherstraeten	Nick	Averbode	M58	MAS+35	De Dorpspomp	00:21:39	13.86	04:19
67	119	Van Dyck	Nina	Beerzel	V9	SEN		00:21:44	13.8	04:20
68	134	Verstrepen	Axel		M59	JUN		00:21:48	13.76	04:21
69	32	Bastiaens	Nancy	Hulshout	V10	MAS+40	DCPP/Berglopers	00:21:50	13.74	04:22
70	188	De Proost	Steven	Betekom	M60	MAS+45	Sportiva Gelrode	00:21:51	13.73	04:22
71	274	Teniers	Iris	Betekom	V11	MAS+45	AVZK	00:21:58	13.66	04:23
72	273	Raeymaekers	Ronald	Hulshout	M61	MAS+50	AC Hulshout	00:22:02	13.62	04:24
73	205	Scharre	Stef	Noorderwijk	M62	SEN		00:22:07	13.56	04:25
74	72	Bucquoye	Lisa		V12	SEN		00:22:09	13.54	04:25
75	252	Vermeulen	Eddy	Herselt	M63	MAS+65	FC KWB Bergom	00:22:10	13.53	04:26
76	260	Goormans	Koen	Nijlen	M64	MAS+40		00:22:15	13.48	04:27
77	61	Dieltjens	Sam	Wiekevorst	M65	MAS+35	Team Wikkeveust	00:22:18	13.45	04:27
78	255	Wijns	Pascal	Schriek	M66	JUN		00:22:36	13.27	04:31
79	232	Van Bael	Laurenz	Hulshout	M67	SEN	De Dorpspomp	00:22:43	13.21	04:32
80	117	Van der Ven	Jan		M68	MAS+50		00:22:46	13.18	04:33
81	112	Stuyckens	Kim	Heist o/d Berg	M69	MAS+40		00:22:48	13.16	04:33
82	193	Geudens	Pascal	Olen	M70	MAS+50	ACHL	00:22:55	13.09	04:35
83	146	Vercammen	Tibo	Lier	M71	JUN		00:23:02	13.02	04:36
84	261	Rijnders	Kasper	Ramsel	M72	MIN	ROBA	00:23:04	13.01	04:36
85	238	Mortelmans	Louis	Lier	M73	MIN	AC Lyra	00:23:05	13	04:37
86	271	Lemmens	Antonio	Hallaar	M74	SEN	KV Mechelen	00:23:11	12.94	04:38
87	221	De Vries	Rita	Schriek	V13	MAS+60	ROBA	00:23:21	12.85	04:40
88	276	Serneels	Door	Hulshout	M75	MIN	AC Hulshout	00:23:27	12.79	04:41
89	207	Van de Velde-Van...	Ilse	Nijlen	V14	MAS+45	HAC	00:23:29	12.78	04:41
90	760	Stuyckens	Ruben		M76	CAD		00:23:33	12.74	04:42
91	761	Stuyckens	Tobe		M77	PUP		00:23:38	12.69	04:43
92	187	Ysenbaardt	Joss	Rijmenam	M78	MAS+60	BONH AC	00:23:42	12.66	04:44
93	266	Goyvaerts	Nico	ramsel	M79	MAS+50		00:23:46	12.62	04:45
94	63	Van Dessel	Katrien	Wiekevorst	V15	MAS+35	Team Wikkeveust	00:23:49	12.6	04:45
95	249	Van de Walle	Anouck	Heist o/d Berg	V16	SEN	AC Lyra	00:23:59	12.51	04:47
96	158	Van der Hoeven	Jeannine	Keerbergen	V17	MAS+55		00:24:02	12.48	04:48
97	280	Stremersch	Sam	Geel	M80	SEN		00:24:04	12.47	04:48
98	141	Pauwels	Ronan	Heist o/d Berg	M81	MIN		00:24:13	12.39	04:50
99	208	Fannes	Karel	Schriek	M82	SEN		00:24:14	12.38	04:50
100	129	Van Tendeloo	Tanel	Heist o/d Berg	M83	PUP		00:24:23	12.3	04:52

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
101	130	Venstermans	Chris	Mechelen	M84	MAS+55		00:24:25	12.29	04:53
102	87	Helsen	Samuel		M85	SEN		00:24:26	12.28	04:53
103	211	Lembrechts	Cédric	Itegem	M86	SEN		00:24:33	12.22	04:54
104	268	Sijmus	Willy	Keerbergen	M87	MAS+65		00:24:34	12.21	04:54
105	245	Vleugels	Ward	Itegem	M88	SCH	ACHL	00:24:44	12.13	04:56
106	244	Vleugels	Floor	Itegem	V18	SCH	ACHL	00:24:46	12.11	04:57
107	106	Scharre	Femke	Noorderwijk	V19	MIN		00:24:47	12.1	04:57
108	86	Goris	Tim		M89	MAS+35		00:24:50	12.08	04:58
109	183	Van Springel	Yannick	Herselt	M90	SEN	DRT	00:24:58	12.02	04:59
110	195	Habets	Maité	Pijpelheide	V20	SEN	AVZK	00:25:00	12	05:00
111	182	Croonen	Eddy	Ramsel	M91	MAS+55	Kapsalon Luc	00:25:02	11.98	05:00
112	75	Cobbaut	Xander	Hallaar	M92	MIN		00:25:28	11.78	05:05
113	269	Maertens	Norah	Schriek	V21	MIN	AVZK	00:25:30	11.76	05:06
114	219	Claes	Vic	Keerbergen	M93	PUP	AVZK	00:25:31	11.76	05:06
115	118	Van Dyck	Line		V22	SCH		00:25:33	11.74	05:06
116	214	Marien	Walter	Hulshout	M94	MAS+60	OLH	00:25:36	11.72	05:07
117	148	Van Praet	Pierre	Putte	M95	MAS+70	GESHAA	00:25:37	11.71	05:07
118	81	De Roeck	Nina	Rotselaar	V23	CAD		00:25:39	11.7	05:07
119	177	Cumps	Chris	Aarschot	M96	MAS+65	BSJ	00:25:43	11.67	05:08
120	174	Van De Put	Thomas	Laakdal	M97	SEN		00:25:46	11.64	05:09
121	175	Van de Put	Sem	Hallaar	M98	KAN	AVZK	00:25:47	11.64	05:09
122	257	De Heel	Michiel	Hallaar	M99	MIN	AVZK	00:25:49	11.62	05:09
123	131	Verbeke	Pierre	Heist o/d Berg	M100	MAS+80		00:25:52	11.6	05:10
124	290	Wijns	Robbe	Hallaar	M101	JUN		00:25:53	11.59	05:10
125	228	Dirkx	Lukas	Booischot	M102	MIN	AVZK	00:25:55	11.58	05:11
126	147	Peeters	Margaux	Heist o/d Berg	V24	JUN		00:25:59	11.55	05:11
127	159	Verstraeten	Ferre	Heist o/d Berg	M103	PUP		00:26:02	11.52	05:12
128	88	Heylighen	Senne		M104	PUP		00:26:05	11.5	05:13
129	184	Waeyaert	Brent	Hallaar	M105	CAD	AVZK	00:26:16	11.42	05:15
130	229	Dirkx	Desmo	Booischot	M106	MIN	AVZK	00:26:18	11.41	05:15
131	172	Vander Veecken	Seppe	Heist o/d Berg	M107	CAD	Molenzonen	00:26:19	11.4	05:15
132	133	Verschaeren	Tegge	Heist o/d Berg	M108	CAD		00:26:21	11.39	05:16
133	243	Ceulemans	Hanne	Bonheiden	V25	CAD		00:26:24	11.36	05:16
134	242	Ceulemans	Koen	Bonheiden	M109	MAS+45		00:26:24	11.36	05:16
135	196	Habets	Mario	Booischot	M110	MAS+45	AVZK	00:26:26	11.35	05:17
136	171	Marien	Hannelore	Heist o/d Berg	V26	MAS+40	Molenzonen	00:26:28	11.34	05:17
137	289	Jacobs	Eric	Hallaar	M111	MAS+60		00:26:30	11.32	05:18
138	143	Van den Bosch	Bjoke	Hallaar	V27	MAS+35		00:26:32	11.31	05:18
139	144	Geudens	Wout	Hallaar	M112	PUP		00:26:32	11.31	05:18
140	241	Van Bael	Els	Heist o/d Berg	V28	MAS+35		00:26:34	11.29	05:18
141	33	Boogmans	Wilfried	Heist o/d Berg	M113	MAS+50	DCPP/Berglopers	00:26:36	11.28	05:19
142	94	Lefever	Bart	Berlaar	M114	MAS+35		00:26:46	11.21	05:21
143	267	Troonbeeckx	Dieter	Heist o/d Berg	M115	SEN		00:26:52	11.17	05:22
144	125	Van Looy	Joost	Itegem	M116	SEN		00:26:53	11.16	05:22
145	50	Uytterhoeven	Peter	Tremelo	M117	MAS+50	DCPP/Berglopers	00:27:00	11.11	05:24
146	253	Somers	Leentje	Aarschot	V29	MAS+50		00:27:13	11.02	05:26
147	169	Coene	Ellen	Hallaar	V30	MAS+35		00:27:15	11.01	05:27
148	113	Van Camp	Bruno	Hallaar	M118	MAS+60		00:27:18	10.99	05:27
149	223	Claes	Onah	Keerbergen	V31	PUP	AVZK	00:27:20	10.98	05:28
150	93	Laeveren	Pauline	Heist o/d Berg	V32	MIN		00:27:22	10.96	05:28

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
151	299	Carcia	angela		V33	MAS+80		00:27:26	10.94	05:29
152	230	Derdin	Jos	Houtvenne	M119	MAS+50	AVZK	00:27:27	10.93	05:29
153	82	Deviere	Elisabeth	Heist o/d Berg	V34	MAS+40		00:27:29	10.92	05:29
154	291	Witvrouwen	Gerry	Heist o/d Berg	M120	MAS+40	Brasserie HAP	00:27:31	10.9	05:30
155	199	's Jongers	Kurt	Houtvenne	M121	MAS+50		00:27:34	10.88	05:30
156	46	Schepers	Geert	Booischot	M122	MAS+45	DCPP/Berglopers	00:27:36	10.87	05:31
157	240	Schoenmakers	Jutta	Lier	V35	PUP	AC Lyra	00:27:47	10.8	05:33
158	239	Schoenmakers	Stijn	Lier	M123	MAS+40		00:27:49	10.78	05:33
159	256	Marien	Sebastiaan	Heist o/d Berg	M124	MAS+40		00:27:50	10.78	05:34
160	296	Van den Branden	Marcel	Berlaar	M125	PUP		00:27:53	10.76	05:34
161	272	Dreesen	Eric	Tremelo	M126	MAS+60	ROBA	00:27:55	10.75	05:35
162	167	Criem	Dirk	Muizen	M127	MAS+65		00:27:57	10.73	05:35
163	166	Lieckens	Mattis	Berlaar	M128	MIN	KFCM	00:28:00	10.71	05:36
164	56	Van Opstal	Karel	Ramsel	M129	MAS+75	DCPP/Berglopers	00:28:05	10.68	05:37
165	178	Lemmens	Paul	Nijlen	M130	MAS+45	Heating control	00:28:08	10.66	05:37
166	95	Lefever	Els	Berlaar	V36	MAS+35		00:28:11	10.64	05:38
167	246	Buts	Ann	Itegem	V37	MAS+40		00:28:16	10.61	05:39
168	99	Meir	Els	Noorderwijk	V38	MAS+50		00:28:21	10.58	05:40
169	57	Van Orshaegen	Nicole	Olen	V39	MAS+60	DCPP/Berglopers	00:28:24	10.56	05:40
170	165	Lieckens	Gerd	Berlaar	M131	MAS+40	KFCM Hallaar	00:28:31	10.52	05:42
171	73	Cleynhens	Karine	Baal	V40	MAS+50		00:28:35	10.5	05:43
172	103	Op de Beeck	Patrick	Baal	M132	MAS+55		00:28:36	10.49	05:43
173	210	Van Hove	Christine	Heist o/d Berg	V41	MAS+60		00:28:37	10.48	05:43
174	209	Wouters	Tine	Heist o/d Berg	V42	MAS+35		00:28:38	10.48	05:43
175	298	Wouters	Stijn	Sint-Job-in-'t-...	M133	MAS+40		00:28:57	10.36	05:47
176	66	Vervoort	Dorien	Morkhoven	V43	MAS+35	Team Wikkeveust	00:28:58	10.36	05:47
177	285	Dillen	Herman	Koningshooikt	M134	MAS+70		00:29:00	10.34	05:48
178	123	Van Loo	Karl	Heist o/d Berg	M135	MAS+55		00:29:09	10.29	05:49
179	293	Van Droogenbroe...	Gwen	Heist o/d Berg	V44	MAS+45		00:29:13	10.27	05:50
180	292	Adries	Jurgen	Mechelen	M136	MAS+35		00:29:14	10.26	05:50
181	190	Van Nuffel	Else	Mechelen	V45	MAS+60	RAM	00:29:16	10.25	05:51
182	136	Willaert	Tony		M137	MAS+70		00:29:18	10.24	05:51
183	122	Van Lent	Peter	Bonheiden	M138	MAS+80		00:29:21	10.22	05:52
184	124	Van Loo	Ynse	Heist o/d Berg	V46	SEN		00:29:28	10.18	05:53
185	104	Peeters	Heidi		V47	MAS+50		00:29:37	10.13	05:55
186	295	Janssens	Katrijn	Berlaar	V48	MAS+35		00:29:42	10.1	05:56
187	297	Van Eccelpoel	Evelien	Hallaar	V49	SEN		00:29:43	10.1	05:56
188	145	Van Lier	Stefan	Tremelo	M139	MAS+60		00:29:58	10.01	05:59
189	234	Roelants	Myriam	Wezemaal	V50	MAS+60		00:29:59	10.01	05:59
190	259	Van Naelten	Tine	Noorderwijk	V51	MAS+40		00:30:02	9.99	06:00
191	250	Van Kerckhoven	Benjamin	Tremelo	M140	SCH		00:30:12	9.93	06:02
192	247	Van Kerckhoven	Myriam	Tremelo	V52	MIN		00:30:14	9.92	06:02
193	197	Straetmans	Gilbert	Booischot	M141	MAS+65	Berglopers	00:30:18	9.9	06:03
194	53	Van Aelst	Linde	Heist o/d Berg	V53	SEN	DCPP/Berglopers	00:30:25	9.86	06:05
195	102	Nerinckx	Sandra		V54	MAS+45		00:30:30	9.84	06:06
196	59	Beirinckx	Griet	Wiekevorst	V55	MAS+45	Team Wikkeveust	00:30:32	9.83	06:06
197	101	Meuris	Jan	Heist o/d Berg	M142	MAS+55		00:30:33	9.82	06:06
198	263	Van Dyck	Mario	Olen	M143	MAS+35		00:30:39	9.79	06:07
199	279	Annys	Lynn	Zoersel	V56	SEN		00:30:43	9.77	06:08
200	287	Dedoncker	Robbe	Hallaar	M144	PUP	wim.dedoncker@telen...	00:30:57	9.69	06:11

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
201	286	Dedoncker	Wim	Hallaar	M145	MAS+45	HBL	00:30:59	9.68	06:11
202	288	Gijsemans	Michel	Heist op den...	M146	MAS+60	Dorpspomp	00:31:02	9.67	06:12
203	45	Op de Beeck	Suzy	Tremelo	V57	MAS+50	DCPP/Berglopers	00:31:10	9.63	06:14
204	84	Faes	Vic	Edegem	M147	MAS+70		00:31:11	9.62	06:14
205	91	Huybrechts	Kris		M148	MAS+40		00:31:16	9.59	06:15
206	71	Bosmans	Jos	Heist o/d Berg	M149	MAS+65		00:31:17	9.59	06:15
207	283	Truyens	Warre	Herenthout	M150	KAN	ACHL	00:31:27	9.54	06:17
208	284	Truyens	Jelle	Herenthout	M151	MAS+35		00:31:29	9.53	06:17
209	225	Weckx	Neil	Heist o/d Berg	M152	MIN		00:31:33	9.51	06:18
210	48	Seyen	Josee	Heist o/d Berg	V58	MAS+65	DCPP/Berglopers	00:31:34	9.5	06:18
211	203	Verherstraeten	Raf	Herselt	M153	MAS+55	De Dorpspomp	00:31:35	9.5	06:19
212	151	Van den Eynde	Matti	Itegem	M154	MAS+35	Molenzonen United	00:31:37	9.49	06:19
213	43	Luytens	Annick	Heist o/d Berg	V59	MAS+45	DCPP/Berglopers	00:31:40	9.47	06:20
214	55	Van der Auwerme...	Nicole	Putte	V60	MAS+60	DCPP/Berglopers	00:31:43	9.46	06:20
215	173	Gielis	Rita	Hallaar	V61	MAS+55	Loopclubke	00:31:52	9.41	06:22
216	204	Wouters	Maurits	Hallaar	M155	MAS+60		00:31:53	9.41	06:22
217	186	Stevens	Hilde	Rijmenam	V62	MAS+60	BONH AC	00:31:59	9.38	06:23
218	236	Thomas	Eef	Begijnendijk	V63	MAS+45	AVZK	00:32:00	9.37	06:24
219	149	Roelen	Jan	Keerbergen	M156	MAS+35	Molenzonen United	00:32:14	9.31	06:26
220	150	Speltens	Stijn	Hallaar	M157	MAS+35	Molenzonen United	00:32:46	9.16	06:33
221	226	Weckx	Noah	Heist o/d Berg	M158	BEN		00:33:01	9.09	06:36
222	224	Weckx	peter	Heist o/d Berg	M159	MAS+45		00:33:02	9.08	06:36
223	92	Jacquemyn	Julie		V64	MIN		00:33:03	9.08	06:36
224	135	Willaert	Inge		V65	MAS+45		00:33:15	9.02	06:39
225	128	Van Rompaey	Kristel	Itegem	V66	MAS+80		00:33:21	9	06:40
226	192	De Roovere	Kathleen	Baal	V67	SEN		00:33:32	8.95	06:42
227	191	Van Houdt	Stephanie	Wiekevorst	V68	SEN		00:33:33	8.94	06:42
228	37	Gielis	Ellen	Westerlo	V69	MAS+40	DCPP/Berglopers	00:33:37	8.92	06:43
229	154	Ringoot	Danny	Hallaar	M160	MAS+60	Berglopers	00:33:38	8.92	06:43
230	161	Laporte	Christel	Hallaar	V70	MAS+45		00:33:46	8.88	06:45
231	41	Jans	Lisette	Westerlo	V71	MAS+70	DCPP/Berglopers	00:34:24	8.72	06:52
232	100	Meuris	Axelle		V72	SEN		00:34:30	8.7	06:54
233	132	Verhaegen	Kurt		M161	MAS+50		00:34:55	8.59	06:59
234	140	Van Casteren	Ellen	Heist o/d Berg	V73	SEN		00:35:10	8.53	07:02
235	139	Van Overstraeten	Quirien	Heist o/d Berg	V74	SEN		00:35:12	8.52	07:02
236	108	Schellens	Annemie	Hallaar	V75	MAS+40		00:35:45	8.39	07:09
237	176	Horemans	Elien	Heist o/d Berg	V76	SEN		00:35:46	8.39	07:09
238	107	Scheers	Guido	Tremelo	M162	MAS+65		00:35:49	8.38	07:09
239	49	Staquet	Anja	Booischot	V77	MAS+50	DCPP/Berglopers	00:36:07	8.31	07:13
240	35	De Cock	Miriam	Heist o/d Berg	V78	MAS+65	DCPP/Berglopers	00:36:13	8.28	07:14
241	156	De Cock	Luc	Booischot	M163	MAS+55	Berglopers	00:36:14	8.28	07:14
242	80	De Cuyper	Sabrina		V79	MAS+40		00:36:16	8.27	07:15
243	44	Mergaerts	Diane	Booischot	V80	MAS+65	DCPP/Berglopers	00:36:21	8.25	07:16
244	69	Beyens	Katrien	Hallaar	V81	MAS+40		00:37:15	8.05	07:27
245	78	Cumps	Mieke	Hallaar	V82	MAS+35		00:37:16	8.05	07:27
246	235	Baeten	Nathalie	Keerbergen	V83	MAS+35	AVZK	00:37:22	8.03	07:28
247	227	Van Ermen	Samantha	Booischot	V84	MAS+40	AVZK	00:37:42	7.96	07:32
248	39	Heymans	Monique	Hallaar	V85	MAS+65	DCPP/Berglopers	00:38:59	7.7	07:47
249	47	Schepers	Huegette	Heist o/d Berg	V86	MAS+65	DCPP/Berglopers	00:39:01	7.69	07:48
250	54	Van Den Broeck	Camiel	Booischot	M164	MAS+70	DCPP/Berglopers	00:39:03	7.68	07:48

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
251	42	Janssens	Jos	Heist o/d Berg	M165	MAS+70	DCPP/Berglopers	00:39:04	7.68	07:48
252	34	Bellekens	Ivonne	Heist o/d Berg	V87	MAS+75	DCPP/Berglopers	00:39:08	7.67	07:49
253	62	Van de Kerckhove	Saskia	Itegem	V88	MAS+50	Team Wikkeveust	00:39:58	7.51	07:59
254	60	Daems	An	Hulshout	V89	MAS+40	Team Wikkeveust	00:40:00	7.5	08:00
255	281	Truyens	Tess	Herenthout	V90	KAN	ACHL	00:40:13	7.46	08:02
256	282	Tas	Lynn	Herenthout	V91	MAS+35		00:40:15	7.45	08:03
257	248	Van Kerckhoven	Samuel	Tremelo	M166	CAD		00:41:48	7.18	08:21
258	38	Heylen	Jos	Westerlo	M167	MAS+75	DCPP/Berglopers	00:44:22	6.76	08:52