Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	423	Smets	Benjamin	Gelrode	M1	SEN	ROBA	00:09:46	19.04	03:09
2	404	Lunders	Nico	Lier	M2	MAS+35	AVLL	00:09:52	18.85	03:10
3	408	Perdieus	Joeri	Langdorp	M3	SEN	ROBA	00:10:00	18.6	03:13
4	438	De Roover	Seb	Herselt	M4	CAD	Hulshout AC	00:10:25	17.86	03:21
5	435	Bottu	Kasper	Tremelo	M5	SEN	ROBA	00:10:28	17.77	03:22
6	429	Wouters	Chriske	Diest	M6	MAS+50	SQM Running Team	00:10:33	17.63	03:24
7	453	De Proost	Steven	Betekom	M7	MAS+50	ROBA	00:10:55	17.04	03:31
8	409	Liekens	Vicky	Heist o/d Berg	V1	MAS+35	Race & Raise	00:11:13	16.58	03:37
9	410	Torfs	Flor	Langdorp	M8	CAD	Duracell	00:11:33	16.1	03:43
10	405	Van Esse	Daan	Begijnendijk	M9	MIN	ROBA	00:12:19	15.1	03:58
11	445	Laureys	Daan	Aarschot	M10	MIN		00:12:26	14.96	04:00
12	437	De Roover	Fil	Herselt	M11	PUP	RTT	00:12:43	14.63	04:06
13	444	Laureys	Tom	Aarschot	M12	MAS+45		00:12:47	14.55	04:07
14	414	De Winter	Murielle	Heist o/d Berg	V2	MAS+50	Berglopers	00:12:48	14.53	04:07
15	415	Arnold	Annelore	Bonheiden	V3	MAS+40	Bonheiden	00:13:00	14.31	04:11
16	402	Joos	Noa	Langdorp	V4	JUN	Site A	00:13:23	13.9	04:19
17	433	Volders	Maarten	Bonheiden	M13	MIN	AC Bonheiden	00:13:28	13.81	04:20
18	416	De Pelsmaeker	Paulien	Kortrijk-Dutsel	V5	MIN	ROBA	00:13:31	13.76	04:21
19	403	Vanderwegen	Quinten	Aarschot	M14	SCH	Site A	00:13:34	13.71	04:22
20	454	Van Evelghem	Loure	Herent	M15	CAD	ROBA	00:13:38	13.64	04:23
21	413	Arnold	Anneleen	St-Kat-Waver	V6	MAS+40	BONHAC	00:14:12	13.1	04:34
22	412	Andries	Wesley	St-Kat-Waver	M16	MAS+45	BONHAC	00:14:13	13.08	04:35
23	458	Vanderwegen	Cassee	Aarschot	M17	CAD	Site A	00:14:17	13.02	04:36
24	431	Rombaux	Siebe	Rillaar	M18	SEN	ROBA	00:14:25	12.9	04:39
25	411	Perdieus	Johan	Langdorp	M19	MAS+50		00:14:46	12.6	04:45
26	430	Rombaux	Eddy	Rillaar	M20	MAS+55	Sportiva Gelrode	00:14:58	12.43	04:49
27	804	Vanoppen	Dieter	Tielt-Winge	M21	SEN		00:15:24	12.08	04:58
28	449	Van Nueten	Baptist	Westerlo	M22	MIN	Immer Oost	00:15:27	12.04	04:59
29	448	Baten	Nagthen	Westerlo	M23	MIN	Immer Oost	00:15:28	12.03	04:59
30	447	De Vries	Rintse	Westerlo	M24	MIN	Immer Oost	00:15:29	12.01	04:59
31	442	Delmé	Noor	Ramsel	V7	MIN		00:15:31	11.99	05:00
32	451	Hellin	Arno	Betekom	M25	BEN	ROBA	00:15:33	11.96	05:00
33	432	Volders	Bart	Bonheiden	M26	MAS+50	AC Bonheiden	00:15:39	11.88	05:02
34	440	Sijmus	Willy	Keerbergen	M27	MAS+70		00:15:44	11.82	05:04
35	424	Vandebeek	Nell	Aarschot	V8	PUP	ROBA	00:15:58	11.65	05:09
36	419	D'Hooghe	Zico	Ramsel	M28	SEN	AVZK	00:16:37	11.19	05:21
37	443	Delmé	Tom	Ramsel	M29	MAS+40		00:17:15	10.78	05:33
38	421	Bosmans	Illis	Baal	M30	BEN		00:17:46	10.47	05:43
39	420	Van Lier	Stefan	Tremelo	M31	MAS+65		00:17:54	10.39	05:46
40	459	Op de Beeck	Lotte	Ramsel	V9	SEN	Berglopers	00:18:12	10.22	05:52
41	460	Op de Beeck	Amber	Ramsel	V10	SEN	Berglopers	00:18:14	10.2	05:52
42	441	Knevels	June	Betekom	V11	BEN	ROBA	00:18:33	10.03	05:59
43	426	Nijs	Wannes	Averbode	M32	PUP	ROBA	00:18:38	9.98	06:00
44	425	Nijs	Ben	Averbode	M33	MAS+40		00:18:39	9.97	06:00
45	446	Van Orshaegen	Nicole	Olen	V12	MAS+65	Berglopers	00:18:52	9.86	06:05
46	456	Volckaerts	Febe	Aarschot	V13	PUP		00:18:56	9.82	06:06
47	457	Eulaers	Anneleen	Aarschot	V14	MAS+35		00:18:58	9.81	06:07
48	434	Mees	Karen	Bonheiden	V15	MAS+45	BONH	00:19:35	9.5	06:19
49	406	Smets	Manuela	Aarschot	V16	SEN		00:20:04	9.27	06:28
50	422	Bosmans	Diba	Baal	V17	KAN		00:20:19	9.16	06:33

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	427	Bosmans	Peter	Werchter	M34	MAS+60		00:20:20	9.15	06:33
52	418	Aerts	Elise	Testelt	V18	SEN		00:21:14	8.76	06:50
53	439	Dreesen	Eric	Tremelo	M35	MAS+60	CDH	00:21:35	8.62	06:57
54	450	Hellin	Oscar	Betekom	M36	KAN	ROBA	00:21:43	8.56	07:00
55	452	Noyens	Annelies	Betekom	V19	MAS+40	ROBA	00:21:44	8.56	07:00
56	428	Moureau	Alain	Tienen	M37	MAS+65	Joggers Team Tienen	00:21:49	8.53	07:02
57	436	Vermunicht	Sophie	Begijnendijk	V20	MAS+40		00:23:38	7.87	07:37
58	407	Gonzalez	Elena	Aarschot	V21	MAS+45		00:26:06	7.13	08:25
59	417	Hölscher	Anita	Rumst	V22	MAS+65	Berglopers	00:28:11	6.6	09:05
60	455	Snoeck	Hannah	Binkom	V23	MAS+80		00:31:13	5.96	10:04